

Editorial

It is a pleasure to write this introduction to our new issue of IJYT featuring a very rich set of research, methods and perspective articles. They cover a wide range of topics, and as a special feature we have invited a series of perspective articles targeting a variety of aspects and experiences in the integration of yoga therapy into health care systems in different countries. Given the ongoing growth of yoga therapy on the international stage we hope that they will be of particular interest to our readers.

Original research contributions of this issue include a survey study examining the use of yoga by physical therapists in the United States (Covill et al., 2017), an investigation of the impact of prenatal yoga on exercise attitudes and behavior (Babbar et al., 2017), an evaluation of the experience of women participating in a yoga intervention after stillbirth (Huberty et al., 2017), a phenomenological analysis of school personnel experiences in a church / state lawsuit regarding school-based yoga (Cook-Cottone, 2017), a study evaluating psychological benefits of yoga for female inmates (Danielly & Silverthorne, 2017), a qualitative investigation of the value yoga can have as a mind-body intervention in social minority groups (Myers, 2017), a cluster analysis evaluating psychological characteristics of yoga practitioners (Genovese et al., 2017), and lastly a very interesting study looking at the relationship between yoga practice and motor imagery (Hartnoll & Punt, 2017). Methods articles include a description of how yoga communities can provide a therapeutic landscape for individuals with eating disorders (Cook-Cottone & Douglass, 2017), and an outline of guidelines for teaching yoga to women with breast cancer-related lymphedema (Barnett et al., 2017). Perspective articles include pieces on the implementation of yoga therapy into health care systems in the United States (Taylor & McCall, 2017), the transformation and progress of yoga therapy in health care in the United Kingdom (Mason et al., 2017), the current state of yoga therapy as a profession in Japan (Kimura, 2017), as well as the rationale and importance of including research literacy into the training of yoga therapists (Moonaz et al., 2017).

To conclude we would like to express much gratitude to everyone working behind the scenes, and supporting IJYT in various ways. A special thanks goes to our Editorial Board members Lorenzo Cohen, Holger Cramer, Timothy McCall, Matthew Taylor and Shirley Telles for their guidance and support, to Jennifer Rioux for her excellent copy-editing, to Ken Wilson for his masterful layout and graphic design, to Abby M. Geyer for her advertising management and to Devi Mueller for curating the IJYT website. Last but not least, a note of deep appreciation to all IAYT sponsors and IAYT members without whose support IJYT would not be possible.

Sincerely,



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