

Contents

Editorial	3
<i>Georg Feuerstein, Ph.D.</i>	
Yoga and Ayurveda for Therapy	7
<i>Vina Shah and Giles Hooper</i>	
Yoga Hatha Medica: An Integrated Medical Yoga Curriculum	15
<i>Michael Cheikin, M.D.</i>	
The Anatomy of Choice	35
<i>Tom Alden, D.C.</i>	
Rebuttal to a Surgeon's Warnings	43
<i>Steve Katz, D.C.</i>	
Yoga Breathing Techniques (YBTs) in Exercise Induced Asthma: A Pilot Study	45
<i>P. K. Vedanthan, M.D., and N. V. Raghuram, B.E.</i>	
Yoga Breathing Techniques (YBTs) in Chronic Obstructive Pulmonary Disease (COPD): A Preliminary Study	51
<i>P. K. Vedanthan, M.D.</i>	
Therapeutic Application of Iyengar Yoga for Healing Chronic Low Back Pain	55
<i>Kimberly Williams, Ph.D., Lois Steinberg, Ph.D., and John Petronis, M.S.</i>	
Yoga Practice in People with Diabetes	69
<i>Nora Mercuri, Ph.D., Ercilia M. Olivera, B.B.A., Alicia Souto, N.D., Ph.D., and Maria L. Guidi, B.B.A.</i>	
Yoga Group Therapy with Traumatized Adolescent Males	75
<i>Kiranjit K. B. Longaker, M.A., R.Y.T., and Gabriel Tornusciolo, Psy.D.</i>	
Yoga and Mental Health: Children and Adolescents Make Space in the System for Deeper Practices	83
<i>Amy Tate, M.Ed.</i>	

The Synergy of Yoga and Hypnosis in Pain Treatment: A Case of Chronic Headaches	89
<i>Susana A. Galle, Ph.D., N.D., C.C.N., R.Y.T.</i>	
Alternative Billing Codes and Yoga: Practical Issues and Strategic Considerations for Determining “What is Yoga Therapy?” and “Who is a Yoga Therapist?”	93
<i>John Kepner, M.A., M.B.A.</i>	
Reviews	101
Contributors	111

Editorial Note

Trisha Lamb Feuerstein wishes to express her gratitude to members Emilee Fleisher and Leslie Plumb for volunteering their expert copyediting/proofreading skills for several of the articles in this issue.

Contributors

Tom Alden, D.C., is a chiropractor who has been in private practice since 1984. He has been practicing Yoga and meditation since 1969 and teaching since 1971. In his chiropractic practice, he specializes in self-care through Yoga. Besides working individually with patients, he teaches classes and workshops on Yoga, healing, and The Anatomy of Choice.

Michael Cheikin, M.D., is a Board Certified Specialist in Physical Medicine and Rehabilitation (Physiatry), with additional Board Certifications in Pain Management, Electrodiagnostic Medicine, Spinal Cord Medicine, and Independent Medical Examination. He also is licensed in Medical Acupuncture. He practices in the suburbs of Philadelphia, where he also serves as the Medical Director of Chestnut Hill Rehabilitation Hospital. Besides his interest in Yoga and alternative medicine, he works intensively with the wheelchair bound and has written several plays about medicine and society. In association with a group of like-minded practitioners, he is currently developing a Center for Integrative Medicine that will include traditional and alternative medicine as well as a Yoga/movement studio.

He will be teaching a course in "Medical Yoga" at the Kripalu Center in Lenox, Massachusetts, from October 3–8, 2004, and "Fibromyalgia: A Nine Step Journey to Healing" for people with fibromyalgia at the Kripalu Center May 20–23, 2004, and September 30–October 3, 2004. Books on these two topics are in progress.

Susana A. Galle, Ph.D., N.D., C.C.N., R.Y.T., is a clinical psychologist, naturopathic physician, clinical nutritionist, and Yoga teacher/therapist. She has a bicoastal practice of natural health care at the Body-Mind Center in Washington, D.C., and a consultative office in Cardiff by the Sea, California. She is on the clinical faculty at Georgetown University Medical School and Children's National Medical Center (GWU) and is on the edi-

torial board of the *Journal of Pre- and Peri-Natal Psychology and Health*.

She has published articles on Yoga as it relates to hypnosis, psychotherapy, and prenatal care. Dr. Galle specializes in stress-induced disorders, and her focus is on mind-brain-body relationships and the role of subtle energies in shaping the human healing response.

María L. Guidi, B.B.A., is a Professor in Human Resources, National University of La Plata, Argentina.

Giles Hooper. See Vina Shah and Giles Hooper.

Steven Katz, D.C., has practiced Yoga for 32 years and chiropractic for 25 years. His practice in Marin County, California, focuses on postural restoration through chiropractic and Yoga therapy. He developed "Anatomy for Yoga Professionals," which he teaches at teacher trainings throughout the United States.

John Kepner, M.A., M.B.A., is an economist turned Yoga teacher and Yoga therapist in Little Rock, Arkansas. John co-teaches a course on Complementary and Alternative Medicine at the University of Arkansas College of Medicine and often lectures on Yoga and Yoga therapy at allopathic institutions within his state.

Kiranjit K. B. Longaker, M.A., R.Y.T., holds her Master's Degree in Philosophy and completed the coursework for a Doctorate in Education. She has been studying Yoga for 15 years, both in the West and in India, and is certified as a Phoenix Rising Yoga Therapy Practitioner. She currently works with adolescent males who are in residential care due to severe emotional and behavioral problems and has devised and implemented a Yoga therapy program as part of their treatment.

Nora Mercuri, Ph.D., is a Physical Education Professor at the National University of La Plata, Argentina, is Director of the CENEXA Physical Activity Program for people with diabetes, and has been a Yoga Teacher since 1988.

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N. V. Raghuram, P.E., is a professional engineer who has dedicated all his time as a senior Yoga instructor and also acts as codirector of the international activities of Vivekananda Yoga Kendra, Bangalore, India.

Vina Shah and Giles Hooper are students of A. G. Mohan and Indra Mohan. A. G. Mohan spent eighteen years as a private student of the world-renowned Sri T. Krishnamacharya, and the Mohans established the Svastha Yoga Ayurveda organization (Svastha) to provide a systematic and integrated health care system. Their approach is inspired by, and significantly draws upon, the teachings and influence of Sri Krishnamacharya, and since Sri Krishnamacharya's passing in 1989 they have continued intensive study of Ayurveda and other Vedic sciences. A. G. Mohan is the author of *Yoga for Body, Breath and Mind* and has translated the *Yoga-Yājñavalkya*, an ancient text that lays much emphasis on the practice of *prāṇāyāma*.

Vina Shah and Giles Hooper operate the Svastha Yoga Ayurveda Centre in Sydney, Australia. Together with their colleague Margaret Power, they are the founding directors of Svastha Yoga Ayurveda College in Sydney. The College offers a two-year, part-time diploma course in "Teaching the Science and Art of Yoga and Ayurveda," and the teachers work under the guidance and assistance of the Mohans.

Alicia Souto, N.D., Ph.D., is Titular Professor in Indian Literature and Yoga Literature, Salvador University, Argentina. She holds a diploma in Yoga from Kaivalyadhama (India).

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Amy Tate, M.Ed., has been teaching Yoga in the Boston area for the past five years. She works with children and adolescents in residential programs and hospital settings as well as with adults in the community. She holds a Master's Degree in Education from Lesley University and is a Kripalu certified Yoga teacher. She has studied over the past 12 years with renowned teachers from the Iyengar, Ashtanga, and Sivananda schools of Yoga in the United States, Japan, and India. Her work is influenced by her continued study of Authentic Movement and improvisational dance.

Gabriel Tornusciolo, Psy.D., or "Dr. T.," is a clinical psychologist with interests in the treatment of trauma, group therapy, and forensic psychology. He has worked with a variety of populations that present severe behavioral and emotional problems. He currently oversees adolescent residential treatment programs. Dr. T. emphasizes the need for holistic treatment programs for children, adolescents, and their families.

P. K. Vedanthan, M.D., a Board Certified Allergist, is a native of Mysore, India, and has been living in the United States since

1971. He has had exposure to Yoga techniques since childhood, which has influenced him through today. His interest in Yoga therapy research has grown as he has practiced as a Consulting Physician in Asthma and Allergy in northern Colorado since the mid-1970s. He has conducted several research studies using Yoga techniques for asthma and COPD in cooperation with the Vivekananda Yoga Kendra, Bangalore, India.

Kimberly Williams, Ph.D., is a Research Assistant Professor in the Department of Community Medicine at West Virginia University. She is also the Program Director for the Program for Integrative Medicine at West Virginia University. She researches the efficacy of complementary and alternative medicine. She has practiced Iyengar Yoga for 13 years and been a teacher in training for 7 years. She co-owns and teaches at Inner Life Yoga Studio in Morgantown, West Virginia. She continues to study with senior Iyengar teachers in Canada and the United States and has studied with the Iyengar family in India and Canada. She has used the therapeutic application of Iyengar Yoga for the last 5 years to recover from chronic low back pain.